



Upper Perk YMCA 5K Run & Fun Walk

Saturday, May 1, 2010 • 9:00 a.m.

Kistler-Bitting Park • Tagart Road • East Greenville, PA

REGISTRATION INFORMATION

Register at Kistler-Bitting Park, adjacent to the Skate Park, beginning at 7:30 a.m. the morning of the race. If you are already registered, check in and pick up your race bag and T-shirt. No new registrations taken after 8:30 a.m. Warm-up exercises will begin at 8:35 a.m. Register early. The first 250 participants will receive a race bag and T-shirt.

Entry Fees

\$15 per person
before April 24

\$20 per person
after April 24

\$45 per family before April 24
\$55 per family after April 24

Makes checks payable to: Upper Perk YMCA
476 Pottstown Avenue, Pennsburg, PA 18073
Visa, MasterCard, Amex & Discover accepted.

Awards

Overall Winner — Male and Female
1st, 2nd, & 3rd place in each age group
Male & Female

Ages (6 & 7), (8-10), (11-14),
(15-18), (19-29), (30-34), (35-39),
(40-44), (45-49), (50-59), (60 & over)

New Category for males – Clydesdale (230 lbs.+)

Refreshments will be served at the conclusion of the race.

Proceeds from this event will benefit the scholarship fund of the
Upper Perkiomen Valley YMCA.

Submit form to the Upper Perkiomen Valley YMCA
476 Pottstown Avenue • Pennsburg, PA 18073
Call 215-679-9622 for more information.

Emcee: Bill Zimpfer, WOGL 98.1

Survive the 5 Upper Perk YMCA 5K Run and Fun Walk

Name _____

Address _____

City _____ State _____ Zip Code _____

Phone _____ Age as of 5-1-10 _____

Birthdate _____ Email address _____

Male Are you registering for Clydesdale? ___Y ___N

Female



T-Shirt Size (check one):

Youth M Adult S Adult M Adult L Adult XL Adult XXL

In consideration of being permitted to participate in the YMCA 5K Run and Fun Walk, I hereby for myself, my heirs, and personal representatives assume any and all risks which might be associated with the event, and I further waiver, release, discharge, and covenant not to sue the Upper Perkiomen Valley YMCA, its officers, members, sponsors, organizers, or other representatives, or successors and assigns, for any injuries or damages of any kind, as a result of taking part in this event and related activities. I also agree to the use of film, photo, or videotape for any purpose.

Signature _____ Date _____